



# LL October 2025

## Luther Village on the Park





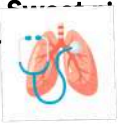
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Great Hall (GH)</p> <p>Multipurpose Room (MPR)</p> <p>Chapel (Ch)</p> <p>Fitness Centre (FC)</p> <p>Atrium Entrance (AE)</p> <p>Gallery (G)</p> <p>Resident Suite (RS)</p> <p>Martin's Restaurant (MR)</p>	<p><u>Locations Legend</u></p> <p>Muskoka Lounge (ML)</p> <p>Outdoors (O)</p> <p>SC 1st Floor Hall (SC-1)</p> <p>Atrium (A)</p> <p>Wellness Centre (WEL)</p> <p>Outside Martin's Restaurant (OMR)</p> <p>SC Atrium (SCA)</p>	<p>Community Kitchen (CK)</p> <p>Sunshine Health Centre (HC)</p> <p>Family Dining Room (FDR)</p> <p>Sunshine/Atrium Hallways (SAH)</p> <p>Martin's Lounge (MRL)</p>	<p>9:30 Indoor Walking Group (SC-1) <b>1</b></p> <p>10:00 Drumming for Fitness (GH)</p> <p>10:00 Outing: Martin's Family Fruit Farm and Lunch at Olde Heidelberg Restaurant (AE)</p> <p>10:30 Parkinson's Support (MPR)</p> <p>1:30 Poker (MPR)</p> <p>2:00 Bingo (GH)</p> <p>3:30 -4:30PM - 1:1 Fitness (RS)</p> <p>7:00 Outdoor Bocce Ball (O)</p>	<p><b>Guest Vendor: KMW Clothing 10am-3pm (G) 2</b></p> <p>9:15 Yoga (GH)</p> <p>9:15 Outing: Conestoga Mall (AE)</p> <p>9:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p>10:30 Seated Exercise (GH)</p> <p>10:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p>12:30 Motion Control Program (FC)</p> <p>1:30 Euchre Time! (ML)</p> <p>2:00 Baking and Eating Pumpkin Pie (Tasting at 3:30pm) (CK)</p> <p>2:00 Scrabble with Friends (MR)</p> <p>2:30 Reading Group (MPR)</p> <p><b>3:00 Treat Cart: Bacon Tater Kegs (A)</b></p> <p>3:30 -4:30PM - 1:1 Fitness (RS)</p> <p>5:00 Pub Night (MR)</p>	<p>8:30 to 2:30pm Fitness Centre 1:1 (FC) <b>3</b></p> <p>9:30 SMART High Intensity (GH)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Singing Group (ML)</p> <p>11:15 Gentle Strength (FC)</p> <p>1:30 Bridge (G)</p> <p>2:00 Group Biblical Study (MPR)</p> <p><b>2:30 Entertainment: Bob MacLean Folksinger/Guitarist (GH)</b></p> <p>4:00 Social Hour (MPR)</p> <p>4:00 Drop-in Technology Help with Sunil (OMR)</p> <p>7:00 Movie Night: 'Downton Abbey' S6 E3 (GH)</p>	<p>10:00 Cornhole (GH) <b>4</b></p> <p>12:30 -2:00PM - 1:1 Fitness (RS)</p> <p>7:00 Movie Night: "Ruth &amp; Boaz" (2025) (GH)</p>
<p>10:15 Indoor Walking Group (SC-1) <b>5</b></p> <p>2:30 Sunday Documentary: "Secrets of the Neanderthals" (2024) (GH)</p> <p>7:00 Worship Service (Ch)</p>	<p><b>Guest Vendor: Seasonal Plant Sale with Sue (10:30-12) (A) 6</b></p> <p>8:30 to 2:30pm Fitness Centre 1:1 (FC)</p> <p>10:00 Coffee Hour (GH)</p> <p>11:15 Gentle Strength (FC)</p> <p>2:00 SMART Seated Exercise (GH)</p> <p>3:00 Friendly Visitors Group (Previously JAVA Mentors) (G)</p> <p>7:00 Outdoor Bocce Ball (O)</p> <p>7:00 Movie Night: "The Dig" (2021) (GH)</p>	<p>Physio appointments on-site (FC) <b>7</b></p> <p>9:15 Outing: Food Basics Grocery Store (AE)</p> <p>9:30 SMART High Intensity (GH)</p> <p>9:30 KW Moms and Babies Visit (ML)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:30 Let's Talk Discussion Circle (MPR)</p> <p>10:45 Outing: Zehr's/Dollarama (Beechwood) (AE)</p> <p>11:00 Dancing with Parkinson's (Ch)</p> <p>11:15 Therapy Dog Visit (SCA)</p> <p>1:00 Hearing Clinic (sign up at HC) (HC)</p> <p>1:30 Euchre (MPR)</p> <p>2:00 Hymn Sing with Marilyn "Grateful Hearts" (Ch)</p> <p>3:00 Womens Conversation Group (MR)</p> <p>5:00 Bistro Night (MR)</p> <p>7:00 Solo (MPR)</p> <p>7:30 Twin City Harmonizers (Ch)</p>	<p>9:15 Outing: Hockley Valley Drive &amp; Lunch at Mrs. Mitchell's Restaurant (AE) <b>8</b></p> <p>9:30 Blood Pressure Clinic 9:30 to 11:30 (WEL)</p> <p>9:30 Indoor Walking Group (SC-1)</p> <p>9:30 KW Moms &amp; Babies &amp; Toddlers: Mini Pumpkin Decorating (MPR)</p> <p>10:00 Drumming for Fitness (GH)</p> <p><b>10:15 Catholic Mass (Now at 10:15am) (Ch)</b></p> <p>1:30 Poker (MPR)</p> <p><b>2:30 Armchair Travel: Munich &amp; the Foothills of the Alps (GH)</b></p> <p>3:30 -4:30PM - 1:1 Fitness (RS)</p> <p>7:00 Outdoor Bocce Ball (O)</p>	<p>9:15 Yoga (GH) <b>9</b></p> <p>9:30 Outing: St. Jacobs Farmer's Market (AE)</p> <p>10:30 Seated Zumba (GH)</p> <p>11:30 Standing Zumba (GH)</p> <p>12:30 Motion Control Program (FC)</p> <p>1:30 Euchre Time! (ML)</p> <p>2:00 Scrabble with Friends (MR)</p> <p>2:30 Reading Group (MPR)</p> <p><b>2:30 Emerging Ideas Presentation: Dig It, Buy It, Steal It: How Museums Build Their Collections (GH)</b></p> <p><b>3:00 Treat Cart: Apple Fritter Donuts (A)</b></p> <p>3:30 -4:30PM - 1:1 Fitness (RS)</p> <p>5:00 Pub Night (MR)</p>	<p>8:30 to 2:30pm Fitness Centre 1:1 (FC) <b>10</b></p> <p>9:30 SMART High Intensity (Ch)</p> <p>10:30 SMART Seated Exercise (Ch)</p> <p>11:15 Gentle Strength (FC)</p> <p>11:15 Outing: Laurier Music at Noon (Student Recital: Wind, Brass, Percussion (AE)</p> <p>1:30 Bridge (G)</p> <p>2:00 Group Biblical Study (MPR)</p> <p>4:00 Social Hour (MPR)</p> <p>4:00 Drop-in Technology Help with Sunil (OMR)</p> <p>7:00 Movie Night: 'Downton Abbey' S6 E4 (GH)</p>	<p>10:00 Cornhole (GH) <b>11</b></p> <p>12:30 -2:00PM - 1:1 Fitness (RS)</p> <p>2:30 Bingo (GH)</p> <p>7:00 Movie Night: "Hamilton" (2020) (GH)</p>



# LL October 2025

## Luther Village on the Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:15 Indoor Walking Group (SC-1) <b>12</b></div> <div>2:30 Sunday Documentary: "A Trip to Infinity" (2022) (GH)</div> <div>7:00 Worship Service (Ch)</div>	<div>7:00 Outdoor Bocce Ball (O) <b>13</b></div> <div>7:00 Movie Night: "Planes, Trains &amp; Automobiles" (1987) (GH)</div> <div></div>	<div>Physio appointments on-site (FC) <b>14</b></div> <div>9:15 Outing: Food Basics Grocery Store (AE)</div> <div>9:30 SMART High Intensity (GH)</div> <div>10:30 Let's Talk Discussion Circle (MPR)</div> <div>10:30 SMART Seated Exercise (GH)</div> <div>10:45 Outing: Herrle's Country Farm Market (AE)</div> <div>11:00 Dancing with Parkinson's (Ch)</div> <div>11:15 Therapy Dog Visit (SCA)</div> <div>1:00 -4pm Guest Treat Vendor: Misha's Bakehouse: Pizzellas cookies, nuts and fudge (A)</div> <div>1:30 Euchre (MPR)</div> <div>2:30 Ukulele Jam (G)</div> <div>2:30 Entertainment: Oktoberfest Sing Along with Rich Hubick (GH)</div> <div>5:00 Bistro Night (MR)</div> <div>7:00 Solo (MPR)</div> <div>7:00 Shuffleboard (O)</div>	<div>Return WPL Books to Activities Office <b>15</b></div> <div>9:15 Outing: Barn Quilt Tour and Lunch at Jordan's Diner (AE)</div> <div>9:30 Indoor Walking Group (SC-1)</div> <div>10:00 Drumming for Fitness (GH)</div> <div>10:30 Parkinson's Support (MPR)</div> <div>1:30 Poker (MPR)</div> <div>2:00 Bingo (GH)</div> <div>2:00 The Writing Group (FDR)</div> <div>3:00 Mindfulness and Relaxation with Andrea (Ch)</div> <div>3:30 -4:30PM - 1:1 Fitness (RS)</div> <div>7:00 Outdoor Bocce Ball (O)</div>	<div>WPL Library Exchange <b>16</b></div> <div>9:15 Yoga (GH)</div> <div>9:30 Outing: Fairview Mall (AE)</div> <div>9:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</div> <div>10:30 Seated Exercise (GH)</div> <div>12:30 Motion Control Program (FC)</div> <div>1:30 Euchre Time! (ML)</div> <div>2:00 Scrabble with Friends (G)</div> <div>2:30 Reading Group (MPR)</div> <div>2:30 Guest Speaker Waterloo Regional Police: Frauds and Scams Presentation (Ch)</div> <div>3:00 Treat Cart: Soft Pretzels (A)</div> <div>3:30 -4:30PM - 1:1 Fitness (RS)</div> <div>5:00 Pub Night (MR)</div> <div>7:00 Oktoberfest with the  and</div>	<div>8:30 to 2:30pm Fitness Centre 1:1 (FC) <b>17</b></div> <div>9:30 SMART High Intensity (Ch)</div> <div>10:30 Expanding the Circle (WEL)</div> <div>10:30 SMART Seated Exercise (Ch)</div> <div>10:45 Singing Group (ML)</div> <div>11:15 Gentle Strength (FC)</div> <div>11:15 Outing: Lunch at Mandarin Restaurant (AE)</div> <div>1:30 Bridge (G)</div> <div>2:00 Group Biblical Study (MPR)</div> <div>2:30 Concert: Weaver &amp; Mathies Piano/Violin Duet (Ch)</div> <div>4:00 Social Hour (MPR)</div> <div>4:00 Drop-in Technology Help with Sunil (OMR)</div> <div>7:00 Movie Night: 'Downton Abbey' S6 E5 (GH)</div>	<div>10:00 Cornhole (GH) <b>18</b></div> <div>12:30 -2:00PM - 1:1 Fitness (RS)</div> <div>7:00 Movie Night: "Butch Cassidy and the Sundance Kid" (1969) (GH)</div>
<div>10:15 Indoor Walking Group (SC-1) <b>19</b></div> <div>2:30 Sunday Documentary: "Mysteries of the Terracotta Warriors" (2024) (GH)</div> <div>7:00 Worship Service (Ch)</div>	<div>8:30 to 2:30pm Fitness Centre 1:1 (FC) <b>20</b></div> <div>10:00 Coffee Hour (GH)</div> <div>11:00 Garden Club Fall Meeting (Ch)</div> <div>11:15 Gentle Strength (FC)</div> <div>2:00 SMART Seated Exercise (GH)</div> <div>2:00 Guest Speaker: Crystal Quast, author of The Serenity Acres Series (Ch)</div> <div>3:00 Emerging Ideas Group (Formerly Emeritus Group) (G)</div> <div>7:00 Outdoor Bocce Ball (O)</div> <div>7:00 Movie Night: "Walk. Ride. Rodeo" (2019) (GH)</div>	<div>Physio appointments on-site (FC) <b>21</b></div> <div>9:15 Outing: Food Basics Grocery Store (AE)</div> <div>9:30 SMART High Intensity (GH)</div> <div>9:30 KW Moms &amp; Babies Visit: Pumpkin Pie Sensory (G)</div> <div>10:30 SMART Seated Exercise (GH)</div> <div>10:30 Let's Talk Discussion Circle (MPR)</div> <div>10:45 Outing: Zehr's (Glenridge) (AE)</div> <div>11:00 Dancing with Parkinson's (Ch)</div> <div>11:15 Therapy Dog Visit (SCA)</div> <div>1:30 Euchre (MPR)</div> <div>2:00 Wellness Presentation: Air Quality &amp; Health Impacts (GH)</div> <div>3:00 Guest Treat Vendor: Savoury Pie Compar</div> <div>3:00 Afternoon Trivia &amp; Refreshments (MR) </div> <div>5:00 Bistro Night (MR)</div> <div>7:00 Solo (MPR)</div> <div>7:30 Twin City Harmonizers</div>	<div>9:15 Outing: McMichael Canadian Art Collection (Lunch On-Site) (AE) <b>22</b></div> <div>9:30 Blood Pressure Clinic 9:30 to 11:30 (WEL)</div> <div>9:30 Indoor Walking Group (SC-1)</div> <div>9:30 KW Moms Babies &amp; Toddlers Visit: Spooky Music Time (ML)</div> <div>10:00 Drumming for Fitness (GH)</div> <div>10:00 Larry's Travel Adventures: Vietnam &amp; Cambodia Pt. 2 (G)</div> <div>1:30 Poker (MPR)</div> <div>2:00 Book Club (G)</div> <div>3:30 -4:30PM - 1:1 Fitness (RS)</div> <div>7:00 Outdoor Bocce Ball (O)</div>	<div>9:15 Yoga (GH) <b>23</b></div> <div>9:30 Outing: Value Village (Boardwalk) (AE)</div> <div>9:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</div> <div>10:30 Seated Zumba (GH)</div> <div>11:30 Standing Zumba (GH)</div> <div>12:30 Motion Control Program (FC)</div> <div>1:30 Euchre Time! (ML)</div> <div>2:00 Scrabble with Friends (G)</div> <div>2:30 Reading Group (MPR)</div> <div>3:00 Treat Cart: Cinnamon Rolls (A)</div> <div>3:30 -4:30PM - 1:1 Fitness (RS)</div> <div>3:30 Entertainment: Sheryl Walsh (Singer) (Ch)</div> <div>5:00 Pub Night (MR)</div>	<div>Guest Vendor: Traditions Alive Clothing &amp; Accessories 10am-2pm (G) <b>24</b></div> <div>8:30 to 2:30pm Fitness Centre 1:1 (FC)</div> <div>9:15 Outing: Snyder's Pumpkin Farm - Morning Coffee and Baked Goods (AE)</div> <div>9:30 SMART High Intensity (GH)</div> <div>10:30 SMART Seated Exercise (GH)</div> <div>10:30 Expanding the Circle (WEL)</div> <div>10:45 Singing Group (ML)</div> <div>11:15 Gentle Strength (FC)</div> <div>1:30 Bridge (G)</div> <div>2:00 Group Biblical Study (MPR)</div> <div>2:30 Movie &amp; Popcorn: The Third Man (1949) (GH)</div> <div>4:00 Social Hour (MPR)</div> <div>4:00 Drop-in Technology Help with Sunil (OMR)</div> <div>7:00 Movie Night: 'Downton Abbey' S6 E6 (GH)</div>	<div>10:00 Cornhole (GH) <b>25</b></div> <div>12:30 -2:00PM - 1:1 Fitness (RS)</div> <div>2:30 Bingo (GH)</div> <div>7:00 Games Night (MPR)</div> <div>7:00 Movie Night: "We Have a Ghost" (2023) (GH)</div>





# LL October 2025

## Luther Village on the Park



### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

10:15 Indoor Walking Group (SC-1) **26**  
2:30 Sunday Documentary: "Kangaroo Valley" (2022) (GH)  
7:00 Worship Service (Ch)

8:30 to 2:30pm Fitness Centre 1:1 (FC) **27**  
10:00 Coffee Hour (GH)  
11:15 Gentle Strength (FC)  
2:00 SMART Seated Exercise (GH)  
3:00 Friendly Visitors Group (Previously JAVA Mentors) (G)  
**3:00 Drumming Circle (Ch)**  
7:00 Outdoor Bocce Ball (O)  
7:00 Movie Night: "Because of Winn-Dixie" (2005) (GH)

Physio appointments on-site (FC) **28**  
9:15 Outing: Food Basics Grocery Store (AE)  
9:30 SMART High Intensity (GH)  
10:30 Let's Talk Discussion Circle (MPR)  
10:30 SMART Seated Exercise (GH)  
10:45 Outing: Sobey's (Bridgeport) (AE)  
11:00 Dancing with Parkinson's (Ch)  
11:15 Therapy Dog Visit (SCA)  
1:30 Euchre (MPR)  
2:30 Ukulele Jam (G)  
**2:30 Pumpkin Carving (GH)**  
5:00 Bistro Night (MR)  
7:00 Solo (MPR)  
7:00 Shuffleboard (O)  
7:30 Twin City Harmonizers Rehearsal (GH)

9:15 Outing: Brunch at Harvest Moon (St. Jacobs) & Elora "Monster Month" Walk (AE) **29**  
9:30 Indoor Walking Group (SC-1)  
10:00 Drumming for Fitness (GH)  
10:30 Parkinson's Support (MPR)  
**10:30 KW Moms Babies & Toddlers: Trick or Treat! Hand Out Candy (SAH)**  
1:30 Poker (MPR)  
2:00 Bingo (GH)  
**3:00 Mindfulness and Relaxation with Andrea (Ch)**  
3:30 -4:30PM - 1:1 Fitness (RS)  
7:00 Outdoor Bocce Ball (O)

9:15 Outing: Conestoga Mall (AE) **30**  
9:15 Yoga (Ch)  
9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch)  
10:30 Seated Exercise (Ch)  
12:30 Motion Control Program (FC)  
1:30 Euchre Time! (ML)  
2:00 Scrabble with Friends (G)  
2:30 Reading Group (MPR)  
2:30 Creative Art Project - All abilities welcome! (MRL)  
**3:00 Treat Cart: Pumpkin and Cream Cheese Danish (A)**  
3:30 -4:30PM - 1:1 Fitness (RS)  
5:00 Pub Night (MR)

8:30 to 2:30pm Fitness Centre 1:1 (FC) **31**  
9:15 Outing: Fall Country Drive (AE)  
9:30 SMART High Intensity (GH)  
10:30 SMART Seated Exercise (GH)  
10:30 Expanding the Circle (WEL)  
10:45 Singing Group (ML)  
11:15 Gentle Strength (FC)  
1:30 Bridge (G)  
2:00 Group Biblical Study (MPR)  
**2:30 Halloween Party with Entertainment by Jesse Webber (GH)**  
4:00 Social Hour (MPR)  
4:00 Drop-in Technology Help with Sunil (OMR)  
7:00 Movie Night: 'Downton Abbey' S6 E7 (GH)



Please sign up for **OUTINGS** at the Front Desk

Fitness Activities are marked in **GREEN**

Resident Run Programs are marked in **PURPLE**

Special Events are marked in **Bold**

Theme Events are marked in **RED**



**During the month of October, The Village brings attention to Respiratory Health, Thanksgiving, Oktoberfest, and Halloween!**

**Please make note of the Theme Events and Check out the Display Board by The Sunshine Cafe.**



# Village Activities & Special Events for October 2025

*In the Month of October, we are acknowledging Respiratory Health, Thanksgiving, Oktoberfest and Halloween! Check out some highlights below...*

**Dancing for Parkinsons — Starting on Tuesday October 7th at 11:00am in The Chapel. \*NEW\***— Drop-in for guided sessions every Tuesday morning!

DFP is an online video series designed specifically for people living with Parkinson’s Disease, and all older adults who enjoy music and movement!

**Emerging Ideas Presentation: Dig It, Buy It, Steal It: How Museums Build Their Collections — Thursday October 9th at 2:30pm in The Great Hall**

Join Luther Villager, Robert Barnett, for this informative talk on how museums have obtained their artifacts.

**Entertainment: Oktoberfest Sing Along with Rich Hubick — Tuesday October 14th at 2:30pm in The Great Hall**

Kick-off your Oktoberfest celebrations with this Sing-Along with musician Rich Hubick!

**Guest Speaker Waterloo Region Police: Frauds and Scams Presentation — Thursday October 16th at 2:30pm, in The Chapel**

We invite the Waterloo Regional Police to share their expertise and answer our questions about scams & fraud.

**Oktoberfest Celebration with The Transylvania HofBrau Band — Thursday October 16th at 7:00pm in The Great Hall**

Join in for this wunderbar evening! The Transylvania HofBrau Brass Band performing their classic German repertoire — sure to get your toes tapping! Beer and Wine tickets are available for purchase at The Front Desk — Beers of Wellington Brewery. Zicke Zacke, Hoi, Hoi, Hoi!

**Expanding The Circle Group — Friday Mornings at 10:30am in The Wellness Centre. Starting on Friday October 17th.** — Being a care partner can feel overwhelming, but you don’t have to do it alone! This 8-week group offers a place to share, learn, and recharge. Come join us and help build a caring community together with people who share a similar journey

**Guest Speaker: Author Crystal Quast — Monday October 20th at 2:00pm in The Chapel**

Join Crystal Quast, Author of *The Serenity Acres Series*, as she shares reading from her novels and discusses her author process with a Q&A.

**Wellness Presentation: Air Quality and Health Impacts — Tuesday October 21st at 2:00pm in The Great Hall.** — Presented by Wellness Coordinator Joy Hancock.

**Drumming Circle — Monday October 27th at 3:00pm in The Chapel** — Come together and join in the power of the drumming circle! Drums provided.

**Pumpkin Carving — Tuesday October 28th at 2:30pm in The Community Kitchen.** — Dig into the Halloween Spirit with classic pumpkin carving! Tools and stencils provided — or go free-hand! Vote for your favourite pumpkin near the Sunshine Front Desk. Winners announced at The Halloween Party on Friday!

**Balance and Strength for Fall Prevention (sign up at Front Desk) \*NEW\***— 9:30am on Thursdays, in the Chapel.

Do you want to improve your balance and strength? This new session is starting Oct 16 -Dec 18 . Sign up at The Front Desk. \*Registration is Required\*

**KW Moms Babies & Toddlers: Trick or Treat! Hand Out Candy — Wednesday October 29th at 10:30am in the Sunshine and Atrium Hallways** — Spread some Halloween cheer to the little ghosts and goblins of our community by handing out goodies! All goodies are provided. Meet by the Sunshine Dining Room.

**Halloween Party with Entertainment by Jesse Weber — Friday October 31st at 2:30pm in The Great Hall**

Join in, and dress up, for this spook-tacular afternoon! Treats, tunes, and a thrilling costume contest (with prizes) are all in store. See you there!

**Treat Cart — \*NEW\* Every Thursday at 3:00pm in The Atrium** — Weekly Treat Cart program is moving to Thursday afternoons (no longer Wednesdays).

**Guest Treat Cart: Misha’s Bakehouse — Tuesday October 14th at 1pm-4pm in The Atrium. Sweet n’ Savoury Pie Company —Tuesday, October 21st at 3:00pm in the Atrium.** Come get some local goodies! Pizzelles, Nuts and Fudge from Misha’s. Fresh and frozen pies from Sweet n’ Savory Pie Company.

**Vendors in October: KMW Clothing — Thursday October 2nd at 10:00am-3:00pm in The Gallery. Plant Sale with Sue — Monday October 6th 10:30am -12:00pm in The Atrium. Traditions Alive Clothing & Accessories on Friday October 24th at 10:00am-2:00pm in The Gallery.** Let’s shop! Seasonal styles of *KMW & Traditions Alive*, as well as *Sue’s* blooms.

**Cooking Programs: Baking & Eating Pumpkin Pie —Thursday October 2nd, in The Community Kitchen: 2:00pm—Making pie. 3:30pm —Sample a slice!**

## Important Numbers

Front Desk: 519-783-3710

Maggie Fislova: Wellness Manager

Ext. 2030 - mfislova@luthervillage.org

Joy Hancock: Wellness Coordinator

Ext. 2009 - jhancock@luthervillage.org

Nancy Munn: Fitness Coordinator

Ext. 1265 - nmunn@luthervillage.org

Mason Carroll: Activities Coordinator

Ext. 2031 - mcarroll@luthervillage.org

Bonnie Rylance: Resident Liaison

519-725-5843 — residentliaisonlvp@gmail.com

Marianne Barnes: Registered Massage

Therapist - 226-989-4557—mariannebarnes@live.com

Adam Fitzpatrick: Osteopath

afitzpatrickosteopathy@gmail.com— or Booking  
system fitzpatrickosteopathy.janeapp.com

Allison Smith: Physiotherapist –519-885-4211 ext.0 —  
admin@pathwaystherapy.ca

Chiler’s Little Boutique: Chiler Zammit

226-338-2678 - chilerz123@gmail.com

Kanvas Nails: Kenya Rios 226-789-6245 -

kanvasnails@gmail.com

Foot Care by Michael: Michael Okubazghi

226-989-6762 — Mikeot1978@gmail.com

Dental Hygiene Service: Lovin Kahlon

519-721-5221— info@mobiledentalontario.com

Hear Canada: 519-340-3622

Direct Denture Services: Mark Blanch

885-482-3700 — mark@directdenture.ca

Newtex Cleaners: 519-744-4411

Please contact Bonnie Rylance, the Resident Liaison,  
regarding questions and requests for changes to any  
Resident Run Programs.

Please contact Mason Carroll, The Life-Lease Activities  
Coordinator for any questions or inquiries regarding  
LVP Run programs.