

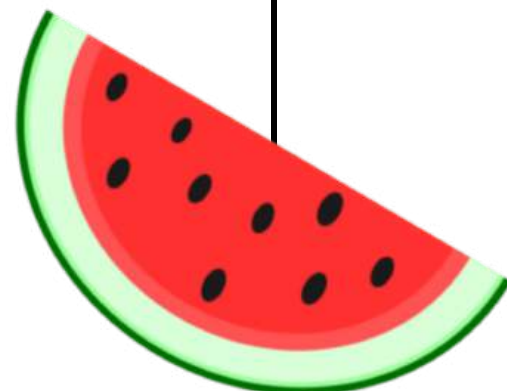
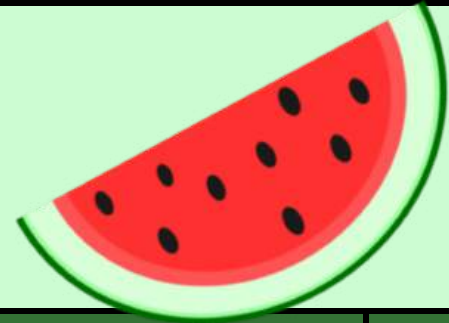




# August 2025

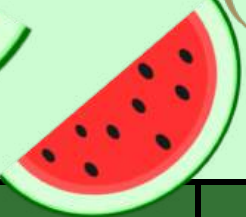
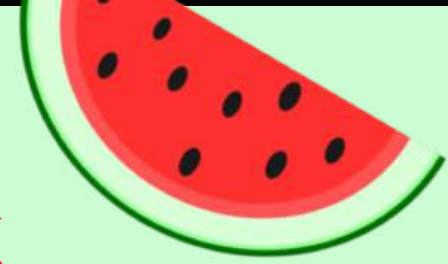
## Luther Village on the Park

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	August is <b>JOY</b> month! Please see all the <b>RED</b> highlighted events and come out to add some JOY to your life!					9:15 Outing: Breakfast at Dearborn Restaurant (AE) <b>1</b> 10:30 1:1 Visits with Marg (RS) 10:30 Dementia Friendly Hour (WEL) 10:30 SMART Seated Exercise (GH) 11:15 Gentle Strength (FC) 2:30 Documentary: Mission Joy, Finding Happiness in Troubled Times (GH) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (AO) 7:00 Movie Night: 'Downton Abbey' S5 E3 (GH)
						Pick up Word Game <b>2</b> Pack outside Activity Office 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 Bingo (GH) 7:00 Movie Night: 'Where the Crawdad's Sing' (2018) (GH)
10:15 Indoor Walking Group (SC-1) <b>3</b> 2:30 Sunday Documentary: How It's Made Episode 7 & 8 (GH) 3:30 Snack Cart (ML) 7:00 Worship Service (Ch) 	<b>Civic Holiday 4</b> 10:00 Old Time Music (ML) 1:30 Quilting Group (ML) 3:30 Sunshine Social Hour and Sing Along (ML) 7:00 Movie Night: '50 First Dates' (2004) (GH)	9:15 Outing: Food Basics Grocery Store (AE) <b>5</b> 9:30 KW Moms & Babies - Drop by to say hello! (G) 10:30 SMART Seated Exercise (GH) 10:45 Outing: Sobey's (Bridgeport) (AE) 11:15 Therapy Dog Visit (SCA) 1:00 Hearing Clinic (sign up at HC) (HC) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 2:00 New Osteopath Information Session (GH) 3:30 Snack Cart (ML)	9:30 Indoor Walking Group (SC-1) <b>6</b> 9:30 KW Moms & Toddlers - Drop by to say hello! (G) 10:15 Outing: Schmidtsville Restaurant and Wellesley Walk (AE) 10:30 Hand Waxing & Relaxation (ML) 2:00 Bingo (GH) 2:00 Joyful Laughter Yoga with Andrea (Ch) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML)	9:15 Outing: Conestoga Mall (AE) <b>7</b> 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Exercise (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 3:00 Scoops of JOY! Ice Cream Sundaes (MR) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 Nail Painting & Crokinole (ML)	9:15 Outing: Antique Market St. Jacobs (AE) <b>8</b> 10:30 1:1 Visits with Marg (RS) 10:30 SMART Seated Exercise (GH) 11:15 Gentle Strength (FC) 2:30 Entertainment: The IncrediBirds Parrot Show (GH) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (AO) 7:00 Movie Night: 'Downton Abbey' S5 E4 (GH)	Pick up Word Game <b>9</b> Pack outside Activity Office 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 ACTIVE GAME: Bean Bag Toss (GH) 7:00 Movie Night: 'The Miracle Club' (2022) (GH)



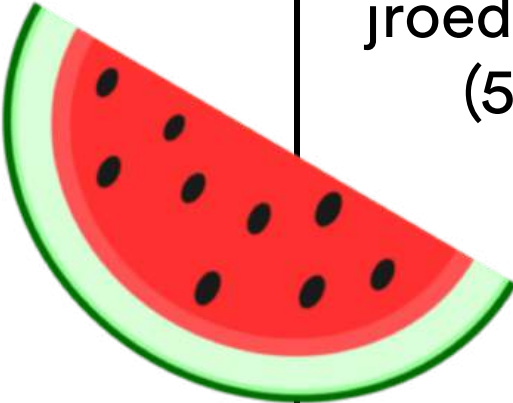
# August 2025

## Luther Village on the Park



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 Indoor Walking Group (SC-1) <b>10</b></p> <p>2:30 Sunday Documentary: How It's Made Episode 9 &amp; 10 (GH)</p> <p>3:30 Snack Cart (ML)</p> <p>7:00 Worship Service (Ch)</p>	<p>10:00 Old Time Music (ML) <b>11</b></p> <p>11:15 Gentle Strength (FC)</p> <p>1:30 Quilting Group (ML)</p> <p>2:00 SMART Seated Exercise (GH)</p> <p><b>3:00 Presentation: Waterloo Taxi Senior Services (GH)</b></p> <p>7:00 Movie Night 'Love is in the Air' (2023) (GH)</p>	<p>9:15 Outing: Food Basics Grocery Store (AE) <b>12</b></p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Outing: Zehr's/Dollarama (Beechwood) (AE)</p> <p>11:15 Therapy Dog Visit (SCA)</p> <p>1:30 1:1 visits with Marg and Linda (RS)</p> <p>1:30 Euchre (MPR)</p> <p><b>2:00 Hymn Sing with Marilyn: Hymns of JOY! (Ch)</b></p> <p>3:00 Guest Treat Vendor: Misha's Bakehouse (A)</p> <p>3:30 Snack Cart (ML)</p> <p>7:30 Twin City Harmonizers Rehearsal (GH)</p>	<p>Guest Vendor: EZ Fit Shoes: 10am-2pm (MR) <b>13</b></p> <p>9:15 Outing: Goderich Beach/Lunch at 'Beach Street Station' (AE)</p> <p>9:30 Indoor Walking Group (SC-1)</p> <p>9:30 KW Moms &amp; Toddlers - Drop by to say hello! (MPR)</p> <p>10:00 DROM (GH)</p> <p>10:00 Catholic Mass (Ch)</p> <p><b>10:00 Larry's Travel Adventures: Turkey (G)</b></p> <p><b>2:00 Breathing, Relaxing and Gentle Yoga Practices with Andrea (G)</b></p> <p><b>2:30 Starling Foundation Social: Entertainment &amp; Ice Creams (OA)</b></p> <p><b>3:00 Laughter is the Best Medicine: JOYFUL videos (GH)</b></p> <p>3:30 Snack Cart (ML)</p> <p><b>3:30 -4:30PM - 1:1 Fitness (RS)</b></p> <p>5:00 1:1 Visits (RS)</p> <p>7:15 JAVA Music Group (ML)</p>	<p>9:15 Outing: St. Jacobs Farmer's Market (AE) <b>14</b></p> <p>9:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p><b>10:00 Jars of JOY! Making &amp; Canning Salsa (CK)</b></p> <p>10:30 Seated Zumba (GH)</p> <p>10:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p>1:30 Euchre Time! (ML)</p> <p><b>3:30 Entertainment: Flutist Laura Nashman (GH)</b></p> <p><b>3:30 -4:30PM - 1:1 Fitness (RS)</b></p> <p>5:00 1:1 Visits (RS)</p> <p>7:15 Axe Throwing (GH)</p>	<p>9:15 Outing: Boardwalk at Mike Schout Wetlands Preserve (AE) <b>15</b></p> <p>10:30 1:1 Visits with Marg (RS)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Singing Group (ML)</p> <p>11:15 Gentle Strength (FC)</p> <p><b>2:30 Presentation: Dr. Shonk on Healthy Humor (GH)</b></p> <p>3:30 Snack Cart (ML)</p> <p>4:00 Drop-in Technology Help with Sunil (AO)</p> <p>7:00 Movie Night: 'Downton Abbey' S5 E5 (GH)</p>	<p><b>Pick up Word Game 16</b></p> <p><b>Pack outside Activity Office</b></p> <p>12:30 -2:00PM - 1:1 Fitness (RS)</p> <p>2:30 Bingo (GH)</p> <p>7:00 Movie Night: 'My Girl' (1991) (GH)</p>
<p>10:15 Indoor Walking Group (SC-1) <b>17</b></p> <p>2:30 Sunday Documentary: How It's Made Episode 11 &amp; 12 (GH)</p> <p>3:30 Snack Cart (ML)</p> <p>7:00 Worship Service (Ch)</p>	<p>10:00 Old Time Music (ML) <b>18</b></p> <p>11:15 Gentle Strength (FC)</p> <p>1:30 Quilting Group (ML)</p> <p>2:00 SMART Seated Exercise (GH)</p> <p>2:00 NDE (Near Death Experience) Testimonial &amp; Discussion (Ch)</p> <p><b>3:00 DJ: JOY! (A)</b></p> <p>3:30 Sunshine Social Hour and Sing Along (ML)</p> <p><b>7:00 Concert: The Waterloo Concert Band (GH)</b></p>	<p>9:15 Outing: Food Basics Grocery Store (AE) <b>19</b></p> <p>9:30 KW Moms &amp; Babies - Drop by to say hello! (MPR)</p> <p>9:30 Making Bread Dough (CK)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Outing: Herrle's Country Farm Market (AE)</p> <p>11:15 Therapy Dog Visit (SCA)</p> <p>1:30 1:1 visits with Marg and Linda (RS)</p> <p>1:30 Euchre (MPR)</p> <p><b>2:00 Loaves of JOY! Preparing Bread for Oven (CK)</b></p> <p><b>2:00 Movie &amp; Popcorn: 'Singin' in the Rain' (1952) (GH)</b></p> <p><b>3:00 Guest Treat Vendor: Sweet n' Savory Pie Company (A)</b></p> <p>3:30 Snack Cart (ML)</p> <p>3:30 Sampling Buns with our Homemade Strawberry Jam (CK)</p> <p>7:30 Twin City Harmonizers Rehearsal (GH)</p>	<p>9:15 Outing: Elora Shopping &amp; Lunch at Shepherd's Pub (AE) <b>20</b></p> <p>9:30 Indoor Walking Group (SC-1)</p> <p>10:00 DROM (GH)</p> <p>10:30 Hand Waxing &amp; Relaxation (ML)</p> <p>2:00 Bingo (GH)</p> <p>3:30 Snack Cart (ML)</p> <p><b>3:30 -4:30PM - 1:1 Fitness (RS)</b></p> <p>5:00 1:1 Visits (RS)</p> <p>7:15 JAVA Music Group (ML)</p>	<p>9:15 Outing: Fairview Mall (AE) <b>21</b></p> <p>9:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p>10:30 Seated Exercise (GH)</p> <p>10:30 Balance &amp; Strength for Fall Prevention (sign up at Front Desk) (Ch)</p> <p>1:30 Euchre Time! (ML)</p> <p><b>3:30 -4:30PM - 1:1 Fitness (RS)</b></p> <p>5:00 1:1 Visits (RS)</p> <p><b>5:00 Country Summer BBQ: Live Entertainment, Petting Zoo &amp; Line Dancing (GH)</b></p>	<p>9:15 Outing: Stacked Breakfast House (AE) <b>22</b></p> <p>10:30 1:1 Visits with Marg (RS)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Singing Group (ML)</p> <p>11:15 Gentle Strength (FC)</p> <p><b>2:30 Concert: LYNS Piano Duo (GH)</b></p> <p>3:30 Snack Cart (ML)</p> <p>4:00 Drop-in Technology Help with Sunil (AO)</p> <p>7:00 Movie Night: 'Downton Abbey' S5 E6 (GH)</p>	<p><b>Pick up Word Game 23</b></p> <p><b>Pack outside Activity Office</b></p> <p>12:30 -2:00PM - 1:1 Fitness (RS)</p> <p>2:30 ACTIVE GAME: Ladder Ball (GH)</p> <p>7:00 Movie Night: 'Irish Wish' (2024) (GH)</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Indoor Walking Group (SC-1) <b>24</b> 2:30 Sunday Documentary: How It's Made Episode 13 & S2 E1 (GH) 3:30 Snack Cart (ML) 7:00 Worship Service (Ch)	10:00 Old Time Music (ML) <b>25</b> 11:15 Gentle Strength (FC) 1:30 Quilting Group (ML) 2:00 SMART Seated Exercise (GH) 3:00 JAVA Social (ML) 7:00 Movie Night: 'Mrs. Harris Goes to Paris' (2022) (GH)	9:15 Outing: Food Basics Grocery Store (AE) <b>26</b> 9:30 KW Moms and Babies - Drop by say hello! (G) 10:30 SMART Seated Exercise (GH) 10:45 Outing: Zehr's (Glenridge) (AE) 11:15 Therapy Dog Visit (SCA) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 2:30 Wellness Presentation: Cultivating JOYful Outlook (GH) 3:00 Guest Treat Vendor: Petite Patties - Jamaican beef and dessert patties! (A) 3:30 Snack Cart (ML)	9:30 Indoor Walking Group (SC-1) <b>27</b> 10:00 DROM (GH) 10:45 Singing Group (ML) 1:00 Outing: St. Jacobs Hildebrand Theatre "Million Dollar Quartet" (AE) 2:30 Armchair Travel: The Netherlands (GH) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML)	Dental Hygiene Clinic (Sign-up) (HC) <b>28</b> 9:15 Outing: MCC Thrift on Kent (AE) 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Zumba (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 2:30 Cups of JOY! Pina Colada Party (CK) 3:30 -4:30PM - 1:1 Fitness (RS) 3:30 Entertainment: Bill Speer on the Piano (GH) 5:00 1:1 Visits (RS) 7:15 S'mores on the Campfire (SCFP)	Guest Vendor: Traditions Alive Clothing & Accessories 10am-2pm (G) <b>29</b> 9:15 Outing: Belmont Village & Brunch at Checkerboard Restaurant (AE) 10:30 1:1 Visits with Marg (RS) 10:30 Dementia Friendly Hour (WEL) 10:30 SMART Seated Exercise (GH) 11:15 Gentle Strength (FC) 2:30 Entertainment: Jack Kalendrian (GH) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (AO) 7:00 Movie Night: 'Downton Abbey' S5 E7 (GH)	Pick up Word Game <b>30</b> Pack outside Activity Office 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 Bingo (GH) 7:00 Movie Night: 'Bob Dylan, A Complete Unknown' (2024) (GH)
10:15 Indoor Walking Group (SC-1) <b>31</b> 2:30 Sunday Documentary: How It's Made S2 Episode 2 & 3 (GH) 3:30 Snack Cart (ML) 4:30 -7:00pm Wine Night Dinner Service (SCDR) 7:00 Worship Service (Ch)	<div><div>Questions or Ideas? Sunshine Activities Coordinator Jackie Roedding jroedding@luthervillage.org (519) 783-3712 x 2032</div></div> <div><u>Locations Legend</u><div><div>Great Hall (GH) Muskoka Lounge (ML) Resident Suite (RS) Atrium Entrance (AE) Chapel (Ch) Multipurpose Room (MPR) SC 1st Floor Hall (SC-1) Gallery (G)</div><div>Fitness Centre (FC) Atrium Activities Office (AO) SC Atrium (SCA) Atrium (A) Community Kitchen (CK) Wellness Centre (WEL) Sunshine Health Centre (HC)</div><div>Martin's Restaurant (MR) Community Kitchen (CK) Atrium Horseshoe (OA) SC Front Patio (SCFP) Sunshine Centre Dining Room (SCDR)</div></div></div>					