





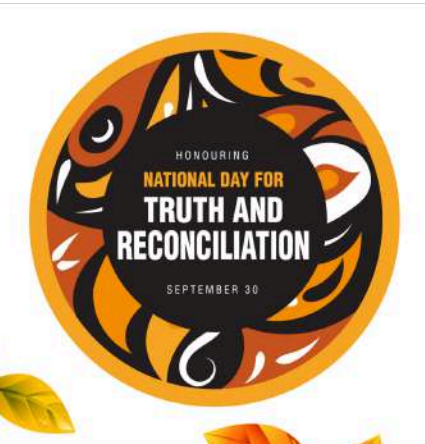


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	Labour Day 1 10:00 Old Time Music (ML) 1:30 Quilting Group (ML) 3:30 Sunshine Social Hour and Sing Along (ML) 7:00 Movie Night: 'Serendipity' (2001) (GH)	2 9:15 Outing: Food Basics Grocery Store (AE) 10:30 Seated Exercise (Jackie) (GH) 10:45 Outing: Sobey's (Bridgeport) (AE) 11:15 Therapy Dog Visit (SCA) 1:00 Hearing Clinic (sign up at HC) (HC) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 2:30 Trivia: Back to School- Are you smarter than a 5th grader? (ML) 3:00 Poetry Reading: Reflecting on Indigenous Writings (Ch) 3:30 Snack Cart (ML) 7:30 Twin City Harmonizers Rehearsal (GH)	3 Return WPL Books to Activities Office 9:15 Outing: Goderich Beach/Lunch at 'Beach Street Station' (AE) 9:30 Indoor Walking Group (SC-1) 10:00 Drumming for Fitness (GH) 10:30 Parkinson's Support (MPR) 10:30 Hand Waxing & Relaxation (ML) 2:00 Bingo (GH) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML)	4 WPL Library Exchange 9:15 Outing: Conestoga Mall (AE) 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Exercise (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 2:30 Grandparents Day Celebration - Entertainment by Kevin Coates (GH) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 Nail Painting & Crokinole (ML)	5 9:15 Outing: Boardwalk at Mike Schout Wetlands Preserve (AE) 10:30 1:1 Visits with Marg (RS) 10:30 SMART Seated Exercise (GH) 11:15 Gentle Strength (FC) 2:30 Movie & Popcorn: 'The Friend' (2024) (GH) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (OMR) 7:00 Movie Night 'Downton Abbey' S5 E8 (GH)	6 Pick up Word Game Pack outside Activity Office 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 ACTIVE GAME: Bean Bag Toss (GH) 7:00 Movie Night: "We are Marshall" (2006) (GH)
Grand Parents Day 7 Photo Shoot (sign up) 10am-4pm (ML) 10:15 Indoor Walking Group (SC-1) 2:30 Sunday Documentary: How It's Made S2 Episodes 4 & 5 (GH) 3:30 Snack Cart (ML) 7:00 Worship Service (Ch)	8 10:00 Old Time Music (ML) 11:15 Gentle Strength (FC) 1:30 Quilting Group (ML) 2:00 SMART Seated Exercise (GH) 3:00 JAVA Social (ML) 7:00 Movie Night: 'Casablanca' (1942) (GH)	9 9:15 Outing: Food Basics Grocery Store (AE) 9:30 KW Moms & Babies: Line Dancing - All welcome! (GH) 10:30 SMART Seated Exercise (Ch) 10:45 Outing: Zehr's/Dollarama (Beechwood) (AE) 11:15 Therapy Dog Visit (SCA) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 2:00 Hymn Sing with Marilyn "Vacations" (Ch) 3:00 Sunshine Resident Forum (GH) 3:30 Snack Cart (ML) 7:30 Twin City Harmonizers Rehearsal (GH)	10 9:15 Outing: Woodland Cultural Centre & Lunch at (AE) 9:30 Indoor Walking Group (SC-1) 9:30 KW Moms & Babies-Drop by to say hello! (MPR) 10:00 Catholic Mass (Ch) 10:00 Larry's Travel Adventures: Vietnam & Cambodia Pt. 1 (G) 10:00 Drumming for Fitness (GH) 2:00 Mindfulness and Relaxation with Andrea (Ch) 2:30 Hot Apple Cider Social & Apple Tasting (CK) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML)	11 9:15 Outing: St. Jacob's Farmer's Market (AE) 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Zumba (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 2:00 Documentary: FIRST: First Nations, Inuit and Métis trailblazers (GH) 3:30 -4:30PM - 1:1 Fitness (RS) 3:30 Entertainment: Derek Byrne on the Piano (GH) 5:00 1:1 Visits (RS) 7:15 Axe Throwing (ML)	12 10:30 1:1 Visits with Marg (RS) 10:30 Dementia Friendly Hour (WEL) 10:30 SMART Seated Exercise (GH) 10:45 Singing Group (ML) 11:15 Outing: Laurier Music at Noon (Carol Ann Weaver/Ben Bolt-Martin) (AE) 11:15 Gentle Strength (FC) 3:00 Group Crossword (ML) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (OMR) 7:00 Movie Night: 'Downton Abbey' S5 E9 (GH)	13 Pick up Word Game Pack outside Activity Office 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 Bingo (GH) 7:00 Movie Night: 'Before Sunset' (2004) (GH) 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> 10:15 Indoor Walking Group (SC-1) 14 </div> <div> 2:30 Sunday Documentary: How It's Made S2 Episodes 6 & 7 (GH) 3:30 Snack Cart (ML) 7:00 Worship Service (Ch) </div> </div>	<div> <div> Guest Vendor: Skincare, Footcare and Sunscreen: 10am-2pm (A) 15 </div> <div> 10:00 Old Time Music (ML) 11:15 Gentle Strength (FC) 1:30 Quilting Group (ML) 2:00 SMART Seated Exercise (GH) 2:30 Wellness Guest Speaker: Alzheimer's Awareness with Janine Wilson (GH) 3:00 JAVA Mentors (G) 3:30 Sunshine Social Hour and Sing Along (ML) 7:00 Movie Night: 'Twister' (1996) (GH) </div> </div>	<div> <div> 9:15 Outing: Food Basics Grocery Store (AE) 16 </div> <div> 10:30 SMART Seated Exercise (GH) 10:45 Outing: Herrle's Country Farm Market (AE) 11:15 Therapy Dog Visit (SCA) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 2:30 Fall Craft (GH) 3:00 Guest Treat Vendor: Sweet and Savoury Pie Company (A) 3:30 Snack Cart (ML) 7:30 Twin City Harmonizers Rehearsal (GH) </div> </div>	<div> <div> 9:15 Outing: Royal Botanical Gardens and Lunch & Symposium Cafe (AE) 17 </div> <div> 9:30 Indoor Walking Group (SC-1) 9:30 KW Moms & Babies Music Together - Join Us! (ML) 10:00 Drumming for Fitness (GH) 10:30 Parkinson's Support (MPR) 10:30 Hand Waxing & Relaxation (ML) 2:00 Bingo (GH) 2:00 Mindfulness and Relaxation with Andrea (Ch) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML) </div> </div>	<div> <div> Guest Vendor: Suzanne M. Jewellery 11am-2pm (A) 18 </div> <div> 9:15 Outing: Fairview Mall (AE) 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Exercise (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 2:30 Guest Speaker Brian Krigner: Nature/Snake Presentation (No live snakes) (GH) 3:30 -4:30PM - 1:1 Fitness (RS) 4:00 -7:00pm Food Truck and Cruise Night with Music Entertainment (OA) 5:00 1:1 Visits (RS) 7:15 Jeopardy Trivia (SCFP) </div> </div>	<div> <div> 10:30 1:1 Visits with Marg (RS) 19 </div> <div> 10:30 SMART Seated Exercise (GH) 10:45 Singing Group (ML) 11:15 Gentle Strength (FC) 11:15 Outing: Laurier Music at Noon (Andrea Farrugia, Mark Godfrey, Ted Warren) (AE) 2:00 Entertainment: The Loowops Barbershop (Ch) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (OMR) 7:00 Movie Night: 'Downton Abbey' S6 E1 (GH) </div> </div>	<div> <div> Pick up Word Game Pack outside Activity Office 20 </div> <div> 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 ACTIVE GAME: Ladder Ball (GH) 7:00 Movie Night: 'Miss Congeniality' (2000) (GH) </div> </div>
<div> <div> World Alzheimer's Day 21 </div> <div> 10:15 Indoor Walking Group (SC-1) 2:30 Sunday Documentary: How It's Made S2 Episodes 8 & 9 (GH) 3:30 Snack Cart (ML) 7:00 Worship Service (Ch) </div> </div>	<div> <div> 10:00 Old Time Music (ML) 22 </div> <div> 11:15 Gentle Strength (FC) 1:30 Quilting Group (ML) 2:00 SMART Seated Exercise (GH) 3:00 Drumming Circle (Ch) 7:00 Movie Night: 'The Sisterhood of the Travelling Pants' (2005) (GH) </div> </div>	<div> <div> 9:15 Outing: Food Basics Grocery Store (AE) 23 </div> <div> 9:30 KW Moms & Babies-Drop by to say hello! (G) 10:00 Making Three Sisters Soup (CK) 10:30 SMART Seated Exercise (GH) 10:45 Outing: Zehr's (Glenridge) (AE) 11:15 Therapy Dog Visit (SCA) 1:30 1:1 visits with Marg and Linda (RS) 1:30 Euchre (MPR) 3:00 Three Sisters Soup & Bannock Bread Tasting (CK) 3:30 Snack Cart (ML) 7:30 Twin City Harmonizers Rehearsal (GH) </div> </div>	<div> <div> 9:15 Outing: Grand River Lunch Cruise (AE) 24 </div> <div> 9:30 Indoor Walking Group (SC-1) 9:30 KW Moms & Babies-Drop by to say hello! (MPR) 10:00 Drumming for Fitness (GH) 2:30 Armchair Travel: Wonders of Malta (GH) 3:30 Snack Cart (ML) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 JAVA Music Group (ML) </div> </div>	<div> <div> Dental Hygiene Clinic (Sign-up) (HC) 25 </div> <div> 9:15 Outing: Mission Thrift Store (AE) 9:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 10:30 Seated Zumba (GH) 10:30 Balance & Strength for Fall Prevention (sign up at Front Desk) (Ch) 1:30 Euchre Time! (ML) 2:30 Word Games (GH) 3:30 -4:30PM - 1:1 Fitness (RS) 5:00 1:1 Visits (RS) 7:15 Evening Nightcap and Visit (CK) </div> </div>	<div> <div> 9:15 Outing: Walk at Victoria Park (AE) 26 </div> <div> 10:30 1:1 Visits with Marg (RS) 10:30 Dementia Friendly Hour (WEL) 10:30 SMART Seated Exercise (GH) 10:45 Singing Group (ML) 11:15 Gentle Strength (FC) 2:30 Nail Painting (ML) 3:30 Snack Cart (ML) 4:00 Drop-in Technology Help with Sunil (OMR) 7:00 Movie Night: 'Downton Abbey' S6 E2 (GH) </div> </div>	<div> <div> Pick up Word Game Pack outside Activity Office 27 </div> <div> 12:30 -2:00PM - 1:1 Fitness (RS) 2:30 Bingo (GH) 7:00 Movie Night: 'Radio' (2003) (GH) </div> </div>

<div>  <h1>SC September 2025</h1> <h2>Luther Village on the Park</h2>   </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:15 Indoor Walking Group (SC-1) 28</p> <p>2:30 Sunday Documentary: How It's Made S2 Episodes 10 & 11 (GH)</p> <p>3:30 Snack Cart (ML)</p> <p>4:30 -7:00pm Wine Night Dinner Service (SCDR)</p> <p>7:00 Worship Service (Ch)</p>	<p>10:00 Old Time Music (ML) 29</p> <p>11:15 Gentle Strength (FC)</p> <p>1:30 Quilting Group (ML)</p> <p>2:00 SMART Seated Exercise (GH)</p> <p>3:00 JAVA Mentors (G)</p> <p>3:30 Sunshine Social Hour and Sing Along (ML)</p> <p>7:00 Movie Night: 'Our Souls at Night' (2017) (GH)</p>	<p>National Day of Truth and Reconciliation 30</p> <p>9:15 Outing: Food Basics Grocery Store (AE)</p> <p>10:30 SMART Seated Exercise (GH)</p> <p>10:45 Outing: Sobey's (Bridgeport) (AE)</p> <p>11:15 Therapy Dog Visit (SCA)</p> <p>1:30 1:1 visits with Marg and Linda (RS)</p> <p>1:30 Euchre (MPR)</p> <p>2:30 Documentary: Every Child Matters: Reconciliation Through Education (GH)</p> <p>3:00 Guest Treat Vendor: Petite Patties - Jamaican beef and dessert patties (A)</p> <p>3:30 Snack Cart (ML)</p> <p>7:30 Twin City Harmonizers Rehearsal (GH)</p>	<div>  <p>Questions or Ideas? Sunshine Activities Coordinator Jackie Roedding jroedding@luthervillage.org 519-783-3712 x 2032</p> </div>			
<p>During the month of September, The Village brings attention to National Truth and Reconciliation, Alzheimer's Awareness, and Grandparents Day.</p> <p>Please make note of the Theme Events and check out the Display Board by the Sunshine Café.</p>		<p><u>Colour Legend</u></p> <p>Please sign up for OUTINGS at the Front Desk</p> <p>Fitness Activities are marked in GREEN</p> <p>Special Events are marked in BOLD</p> <p>Theme Events are marked in RED</p>		<p><u>Locations Legend</u></p> <div> <div> Great Hall (GH) Muskoka Lounge (ML) Resident Suite (RS) Atrium Entrance (AE) Chapel (Ch) Fitness Centre (FC) Multipurpose Room (MPR) </div> <div> SC 1st Floor Hall (SC-1) SC Atrium (SCA) Outside Martin's Restaurant (OMR) Gallery (G) Atrium (A) Community Kitchen (CK) Sunshine Health Centre (HC) </div> <div> Wellness Centre (WEL) Community Kitchen (CK) Atrium Horseshoe (OA) SC Front Patio (SCFP) Sunshine Centre Dining Room (SCDR) </div> </div>		